



2026 NEICAAA Indoor Track & Field Championship Schedule

March 6 & 7, 2026 @ the Reggie Lewis Track and Athletic Center
(updated Feb 13, 2026)

Friday, 3/6	Time	Gender	P/F	Saturday, 3/7	Time	Gender	P/F
Pentathlon-60m Hurdles	11:00	Women	F	Heptathlon-60m Hurdles	10:00	Men	F
Heptathlon-60m	11:15	Men	F	Heptathlon-PV	10:45	Men	F
Pentathlon-HJ	11:45	Women	F	60 Meter Hurdles	10:15	Men	P
Heptathlon-LJ	11:55	Men	F	60 Meter Hurdles	10:30	Women	P
Heptathlon-SP	12:55	Men	F	Shot Put	10:30	Men	F
Pentathlon-SP	1:45	Women	F	Triple Jump	10:30	Men	F
Heptathlon-HJ	1:55	Men	F	60 Meters	10:45	Men	P
Pentathlon-LJ	2:45	Women	F	60 Meters	10:55	Women	P
Pentathlon-800	3:45	Women	F	1 Mile Run	11:05	Men	F
Weight Throw	11:30	Men	F	1 Mile Run	11:25	Women	F
Pole Vault	12:00	Men	F	60 Meter Hurdles	11:45	Women	F
400 Meters	12:30	Men	P	60 Meter Hurdles	11:55	Men	F
500 Meters	12:45	Men	P	60 Meters	12:05	Men	F
Long Jump	1:00	Men	F	60 Meters	12:10	Women	F
800 Meters	1:00	Men	P	400 Meters	12:15	Men	F
1000 Meters	1:15	Men	P	400 Meters	12:20	Women	F
200 Meters	1:30	Men	P	500 Meters	12:30	Men	F
5000 Meters	1:50	Men	F	500 Meters	12:35	Women	F
Distance Medley Relay	2:30	Men	F	Heptathlon 1000 Meters	12:45	Men	F
Pole Vault	3:00	Women	F	800 Meters	12:50	Men	F
Weight Throw	3:00	Women	F	800 Meters	12:55	Women	F
High Jump	3:15	Women	F	High Jump	1:00	Men	F
400 Meters	3:15	Women	P	Triple Jump	1:00	Women	F
500 Meters	3:30	Women	P	Shot Put	1:00	Women	F
Long Jump	3:30	Women	F	1000 Meters	1:00	Men	F
800 Meters	3:45	Women	P	1000 Meters	1:05	Women	F
1000 Meters	4:00	Women	P	200 Meters	1:10	Men	F
200 Meters	4:15	Women	P	200 Meters	1:15	Women	F
5000 Meters	4:35	Women	F	3000 Meters	1:20	Men	F
Distance Medley Relay	5:10	Women	P	3000 Meters	1:50	Women	F
				4x800 Meter Relay	2:25	Men	F
				4x800 Meter Relay	2:45	Women	F
				4x400 Meter Relay	3:05	Men	F
				4x400 Meter relay	3:25	Women	F