



## **2026 NEICAAA Indoor Track & Field Championship Schedule**

March 6 & 7, 2026 @ the Reggie Lewis Track and Athletic Center

*(updated Feb 13, 2026)*

<b>Friday, 3/6</b>	<b>Time</b>	<b>Gender</b>	<b>P/F</b>	<b>Saturday, 3/7</b>	<b>Time</b>	<b>Gender</b>	<b>P/F</b>
Pentathlon-60m Hurdles	<b>11:00</b>	Women	F	Heptathlon-60m Hurdles	<b>10:00</b>	Men	F
Heptathlon-60m	<b>11:15</b>	Men	F	Heptathlon-PV	<b>10:45</b>	Men	F
Pentathlon-HJ	<b>11:45</b>	Women	F	60 Meter Hurdles	<b>10:15</b>	Men	P
Heptathlon-LJ	<b>11:55</b>	Men	F	60 Meter Hurdles	<b>10:30</b>	Women	P
Heptathlon-SP	<b>12:55</b>	Men	F	Shot Put	<b>10:30</b>	Men	F
Pentathlon-SP	<b>1:45</b>	Women	F	Triple Jump	<b>10:30</b>	Men	F
Heptathlon-HJ	<b>1:55</b>	Men	F	60 Meters	<b>10:45</b>	Men	P
Pentathlon-LJ	<b>2:45</b>	Women	F	60 Meters	<b>10:55</b>	Women	P
Pentathlon-800	<b>3:45</b>	Women	F	1 Mile Run	<b>11:05</b>	Men	F
Weight Throw	<b>11:30</b>	Men	F	1 Mile Run	<b>11:25</b>	Women	F
Pole Vault	<b>12:00</b>	Men	F	60 Meter Hurdles	<b>11:45</b>	Women	F
400 Meters	<b>12:30</b>	Men	P	60 Meter Hurdles	<b>11:55</b>	Men	F
500 Meters	<b>12:45</b>	Men	P	60 Meters	<b>12:05</b>	Men	F
Long Jump	<b>1:00</b>	Men	F	60 Meters	<b>12:10</b>	Women	F
800 Meters	<b>1:00</b>	Men	P	400 Meters	<b>12:15</b>	Men	F
1000 Meters	<b>1:15</b>	Men	P	400 Meters	<b>12:20</b>	Women	F
200 Meters	<b>1:30</b>	Men	P	500 Meters	<b>12:30</b>	Men	F
5000 Meters	<b>1:50</b>	Men	F	500 Meters	<b>12:35</b>	Women	F
Distance Medley Relay	<b>2:30</b>	Men	F	Heptathlon 1000 Meters	<b>12:45</b>	Men	F
Pole Vault	<b>3:00</b>	Women	F	800 Meters	<b>12:50</b>	Men	F
Weight Throw	<b>3:00</b>	Women	F	800 Meters	<b>12:55</b>	Women	F
High Jump	<b>3:15</b>	Women	F	High Jump	<b>1:00</b>	Men	F
400 Meters	<b>3:15</b>	Women	P	Triple Jump	<b>1:00</b>	Women	F
500 Meters	<b>3:30</b>	Women	P	Shot Put	<b>1:00</b>	Women	F
Long Jump	<b>3:30</b>	Women	F	1000 Meters	<b>1:00</b>	Men	F
800 Meters	<b>3:45</b>	Women	P	1000 Meters	<b>1:05</b>	Women	F
1000 Meters	<b>4:00</b>	Women	P	200 Meters	<b>1:10</b>	Men	F
200 Meters	<b>4:15</b>	Women	P	200 Meters	<b>1:15</b>	Women	F
5000 Meters	<b>4:35</b>	Women	F	3000 Meters	<b>1:20</b>	Men	F
Distance Medley Relay	<b>5:10</b>	Women	P	3000 Meters	<b>1:50</b>	Women	F
				4x800 Meter Relay	<b>2:25</b>	Men	F
				4x800 Meter Relay	<b>2:45</b>	Women	F
				4x400 Meter Relay	<b>3:05</b>	Men	F
				4x400 Meter relay	<b>3:25</b>	Women	F