



OUTDOOR CHAMPIONSHIPS- 2026

Stonehill College

Friday May 8, 2026

Schedule may be adjusted after scratches and seeding are completed

12:00 Heptathlon- 100HH

12:10 Decathlon- 100m

12:00 Javelin Men then Women

12:00 Hammer women then men Estimated men start at 2 finish at 4

12:00 PV. Women then men

12:35- Heptathlon High Jump

12:45- Decathlon Long Jump

1:45- Decathlon SP

2:05- Heptathlon SP

2:45- Decathlon HJ

3:10- Heptathlon 200

4:15 Decathlon 400

4:30- 5k Women then Men

5:15- 10k Women then Men

Saturday, May 9, 2026

Field

11:00 Men's + Women's Long Jump

11:00 Men's Shot Put, Women's Discus

Est 1:30 Women's Shot Put, Women's Discus (after conclusion of M shot and W discus)

Est- 1:30 Men + Women Triple Jump after conclusion of Long Jump

11:00 Women's High Jump

Est Men at 1:30 (after conclusion of Women's)

Decathlon

10:00 110HH

10:35- Discus

11:40 Polevault

1:05 Javelin

2:05- 1500

Heptathlon

10:00 Long Jump

11:00 Javelin

12:10 800m



OUTDOOR CHAMPIONSHIPS- 2026

Stonehill College

Saturday, May 9, 2026

Track - Schedule may be adjusted after scratches and seeding are completed

10:00- Decathlon 110HH

11:30- Women's 3k Steeplechase

11:50- Men's 3k Steeplechase

12:10- Women's 4x100

12:15- Men's 4x100

12:30- Women's 1500

12:50- Men's 1500

1:15- Women's 100m HH

1:30- Men's 110m HH

1:45- Women's 100

1:55- Men's 100

2:05- Women's 400

2:15- Men's 400

2:30- Women's 800

2:50- Men's 800

3:05- Men's 110HH Final

3:15 Women's 100HH Final

3:20- Men's 100 Final

3:25 Women's 100 Final

3:40- Women's 400IH

4:00- Men's 400IH

4:20- Women's 200

4:30- Men's 200

4:45- Women's 4x800

5:00- Men's 4x800

5:15- Women's 4x400